



Yogathon to Benefit Suicide Awareness

In Honor and In Loving Memory of Bailey Leal

Healing the Heart through Yoga

Saturday, Feb. 3rd, 9-1 pm

Pine Trails Amphitheatre, 10555 Trails End, Parkland 33076

\$25 general admission, Students FREE

**Advance Online payments: go to eventbrite.com - yoga4b
day of event payment CASH ONLY**

**Continuous Yoga Practice (bring a mat/towel)
with Live Music by Richard Brookens
Pam Leal will lead an all level yoga class
with Amy Kenny and MSD Yoga students
Concluding Meditation lead by: Lydia Merl**

**All ages kids yoga with Allison Koenig
Face Painting by MSD students**

**Learn about Suicide Prevention
through exhibits and informative speeches.**

This event is designed to help families open dialogue about tough subjects such as suicide, anxiety and depression.

Proceeds to benefit Henderson Behavioral - Faulk Center for Counseling and FISP.

**Yoga4B is a 501C nonprofit with a mission: to educate, support and develop problem solving,
coping, leadership skills while fostering the prevention of suicide, bullying and substance abuse.**

@yoga4bailey #YOGA4B #yogathon